

# DR. D'WAN CARPENTER

Twin Mom & Twin Mom  
Thrive Coach

Dr. Dee is a dually board -certified physician and mom of 4, including 2 twin girls.

She is the founder of Twin Mom Chronicles and hosts a weekly podcast, Twin Moms Thriving.





# YOUR TWIN MOM THRIVE COACH:

- Dr. Dee helps professional twin moms get unstuck and create time for themselves without guilt so they can pursue the dreams they had before twins.
- She is a recovering perfectionist passionate about helping other twin moms break free from the “perfect mom” façade.
- To this end, she has created an online Twin Mom community to help professional twin moms find and connect with their tribe. Dr. Carpenter helps them shift their mindset to prioritize self care, rediscover and achieve their dreams, and move from surviving to thriving in twin motherhood and career.





# SPEAKING TOPICS:

- 3 Secrets to Be a Productive Twin Mom
- How to Get Everything Done and Still Be There for Your Family
- How to Chase Dreams and Twins at the Same Time





# Let's talk...



Dr. Dee - Twin Mom Coach



Twin Mom Chronicles

